

Partners Support Group — for Women —

Group Focus Includes:

- Understanding and processing betrayal trauma
- Building self-worth and resilience
- Healthy coping strategies
- Peer support and connection

Start Date: Sunday, April 19, 2026 (alternating Sundays)

Time: 11:00 AM – 1:00 PM

Location: Willow Clinical Services 6600 N. Lincoln Ave Suite 230
Lincolnwood, IL 60712

Facilitator: Manya Howie, LPC, CSAT

Cost: \$70 per group session. Group is a self pay service
and not billable to insurance.

Projected group dates:

April: 19th May: 3rd, 17th, 31st June: 14th, 28th
with ongoing group continuation



Please contact Manya if you are interested in the group or have further
questions at manya@willowclinical.com